

Behavioral Risk Factor by Special Populations For Montana								
Behavioral Risk Factor	Montana	Male	Female	American Indian/ Alaska Native	White	Income + 25,000	Income < \$25,000	Data Source/ Definition
Substance Use and Abuse								
Tobacco use (95% CI)	19.3% (18.4-20.0)	19.3% (18.3-20.4)	19.4% (18.5-20.2)	43.4% (40.4-46.5)	17.7% (17.1-18.4)	15.3% (14.6-16.0)	30.4% (29.0-31.7)	Current smoker
Binge drinking (95% CI)	16.9% (16.0-17.8)	22.1% (20.6-23.7)	11.8% (10.8-12.9)	21.1% (17.9-24.7)	16.7% (15.8-17.6)	18.7% (17.6-19.8)	15.8% (14.2-17.6)	Reported at least one occasion of binge drinking in the past 30 days
Heavy drinking (95% CI)	5.9% (5.4-6.4)	6.7% (5.9-7.6)	5.2% (4.6-5.8)	7.5% (5.7-9.8)	5.7% (5.3-6.2)	6.1% (5.5-6.7)	6.6% (5.7-7.7)	Reported heavy drinking in the past 30 days
Lifestyle								
Inadequate fruit and vegetable consumption (95% CI)	24.2% (23.2-25.2)	20.2% (18.8-21.8)	28.0% (26.7-29.4)	21.2% (18.0-24.8)	76.0% (75.1-77.0)	24.5% (23.4-25.8)	22.1% (20.4-23.9)	Report usually eating less than 5 servings per day
Overweight (95% CI)	37.8% (36.9-38.6)	45.7% (44.4-47.0)	29.5% (28.6-30.5)	32.9% (30.2-35.7)	38.2% (37.4-38.9)	39.9% (39.0-40.9)	34.1% (32.7-35.5)	Body Mass Index between 25 and 30
Obesity (95% CI)	21.6% (21.0-22.3)	22.4% (21.4-23.5)	20.8% (20.0-21.7)	37.7% (34.8-40.7)	20.7% (20.1-21.4)	20.6% (19.8-21.3)	25.6% (24.3-26.9)	Body Mass Index of 30 or more
No Leisure time Physical Activity (95% CI)	20.7% (20.1-21.3)	19.8% (18.8-20.8)	21.6% (20.8-22.4)	28.4% (25.8-31.1)	20.4% (19.8-21.0)	16.5% (15.5-17.2)	30.1% (28.8-31.4)	Reported participating in no physical activity in the past 30 days
Protective Factors (safety)								
Seatbelt use (95% CI)	88.4% (87.4-89.3)	83.9% (82.2-85.5)	92.8% (91.9-93.6)	81.2% (76.2-85.3)	88.8% (87.9-89.7)	69.8% (68.4-71.3)	65.6% (63.0-68.0)	Reported always or nearly always wearing a seatbelt
Condom use (95% CI)	15.2% (13.6-17.0)	16.0% (13.8-18.6)	14.1% (11.8-16.7)	16.3% (11.8-22.0)	15.1% (13.4-16.8)	13.2% (11.6-15.0)	21.0% (17.0-25.5)	Reported using condoms as the current form of contraception
Screening								
Pap Smear Women age 18+ (95% CI)	<i>Data not available</i>	<i>Data not available</i>	83.0% (81.5-84.4)	87.2% (82.8-90.6)	82.8% (81.4-84.2)	87.6% (86.0-88.9)	77.6% (75.0-80.0)	Reported having a Pap Smear in the past 3 years
Mammography Women age 40+ (95% CI)	<i>Data not available</i>	<i>Data not available</i>	71.9% (70.6-73.2)	69.4% (63.5-74.8)	72.3% (71.0-73.5)	75.1% (73.5-76.6)	63.7% (61.3-66.0)	Reported having a mammogram in the past 2 years
Colorectal Cancer Respondents age 50+ (95% CI)								
Blood Stool Test Adults age 50+ (95% CI)	25.3% (24.2-26.4)	25.7% (24.0-27.5)	24.8% (23.4-26.3)	19.0% (14.8-23.9)	25.3% (24.3-26.4)	26.2% (24.8-27.6)	22.2% (20.5-24.1)	Reported having a blood stool test in the past 2 years
Sigmoidoscopy or colonoscopy Adults age 50+ (95% CI)	54.3% (53.0-55.6)	54.0% (52.0-56.0)	54.5% (52.9-56.2)	40.7% (31.5-46.6)	54.8% (53.5-56.0)	55.3% (53.8-56.9)	49.5% (47.3-51.6)	Reported ever having a sigmoidoscopy or colonoscopy